



**Texas Health**  
Fitness Center

POWERED BY **FXWELL**

**TRAIN HERE**



Birdville Independent School District

*excellence | integrity | service*

**Birdville ISD employees at Texas Health Fitness Center Powered by FX Well receive the following:**

- Membership discount rate of 30% per month
- 30% off enrollment fee for all employees
- One (1) complimentary Training Session per employee

**Membership includes:**

- Premium strength/cardio equip.
- UNLIMITED group classes
- Strength training equipment
- Spacious locker rooms
- Lifestyle assessment, consultation, movement screen, & fitness testing
- Complimentary new member training assessment
- + More depending on location!

**30%**

**Discounted Rate**

Must show proof of employment.

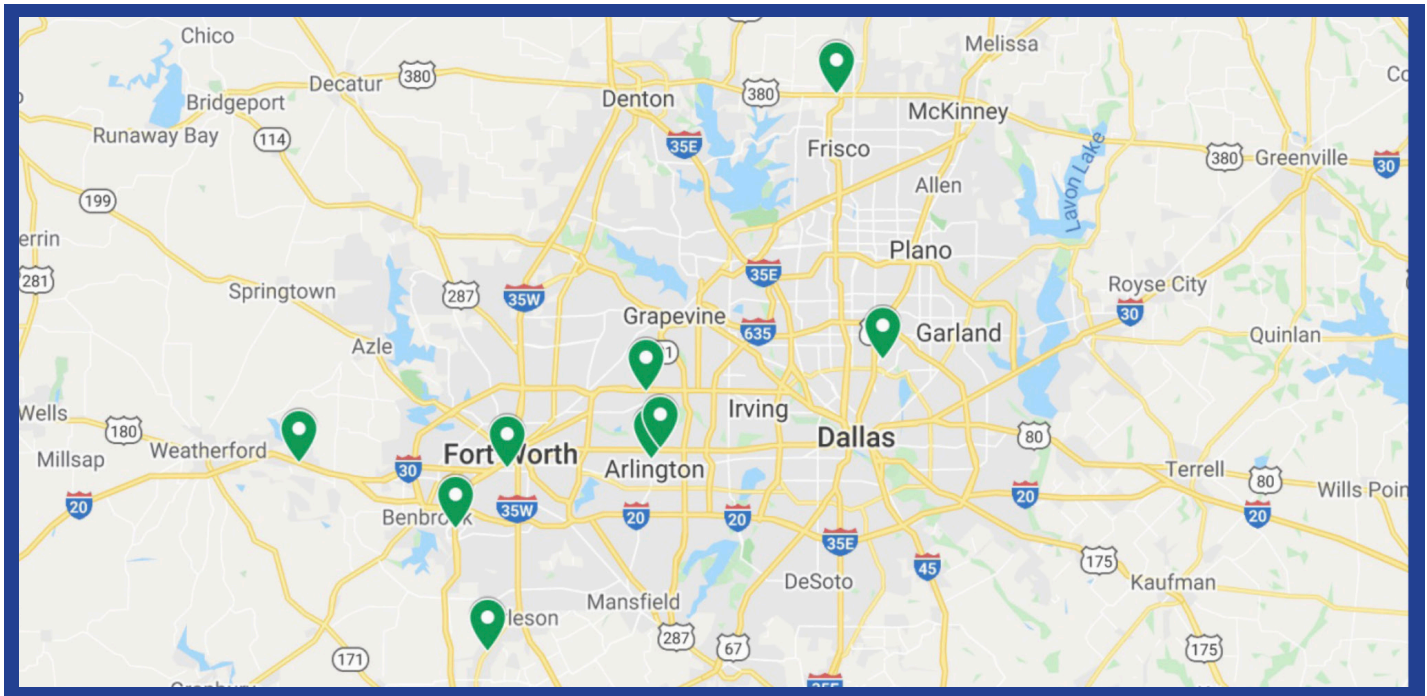
**Additional features\***

- Personal Training
- Group classes
- Semi-private group training
- Nutritional counseling
- Massage Therapy\*
- On-site childcare\*
- Coffee/smoothie bar\*

\*Additional fees apply, some services are available at select locations

Visit [TexasHealth.org/en/Health-and-Wellness/Fitness](https://TexasHealth.org/en/Health-and-Wellness/Fitness) for more information

# FITNESS CENTER LOCATIONS



**TH Arlington Memorial**  
800 W. Randol Mill Rd.  
Arlington, TX 76012  
(817) 960-6575

**Texas Health Burleson**  
2750 SW Wilshire Blvd.  
Burleson, TX 76028  
(817) 435-2988

**Texas Health Dallas**  
5721 Phoenix Drive  
Dallas, TX 75231  
(214) 345-4625

**Texas Health HEB**  
1616 Hospital Parkway  
Bedford, TX 76022  
(817) 848-5600

**Texas Health Willow Park**  
101 Crown Pointe Blvd.  
Willow Park, TX 76087  
(214) 705-2839

**Texas Health HQ**  
600 E Lamar Blvd., Ste 160  
Arlington, TX 76011

**Texas Health Fort Worth**  
1301 Pennsylvania Avenue  
Fort Worth, TX 76104  
(817) 250-5050

**Texas Health Southwest**  
6301 Harris PKWY, Suite 100  
Professional Building 1  
Fort Worth, TX 76132  
(817) 433-8250

**Texas Health Prosper**  
1970 W University Drive  
Prosper, TX 75078  
(469) 225-4608